

LEARN HOW TO RIDE YOUR BIKE CONFIDENTLY AND SAFELY FOR TRANSPORTATION, FITNESS AND FUN!

Register

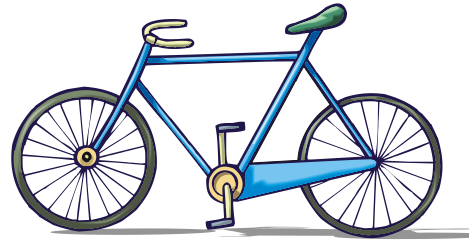
\$65/person

Includes materials and manual.

Each participant needs a working
bicycle, helmet, and lock.

Pre-registration is required.

Contact: Cynthia Hoyle
choyle@cumtd.com
(217) 278-9059



Saturday, May 4th

9 a.m. - 5 p.m.

C-U Mass Transit District
1101 E. University, Urbana

Traffic Skills 101

Instructors Cynthia Hoyle, Rebecca Bird, Tim Marty and Susan Jones are all League Certified Instructors (LCI's) through the League of American Bicyclists.

Traffic Skills 101

- is a Smart Cycling education program from the League of American Bicyclists.
- covers bicycle safety checks, fixing a flat, on-bike skills, and crash avoidance techniques.
- includes a student manual

This fast-paced, eight and a half-hour course (seven and a half hours of instruction, one hour self-administered exam) provides cyclists over the age of fourteen with an understanding of vehicular cycling. TS 101 gives cyclists the confidence they need to ride safely and legally in traffic or on the trail.